

PLASTIC SURGICAL ARTS

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BROWLIFT POST OPERATIVE CARE

WHAT YOU CAN EXPECT:

- It is normal to experience swelling, bruising, discomfort, numbness, tightness, itchiness and headaches following browlift surgery. These will lessen each day as your healing progresses.
- Bruising generally subsides in 7 days. Most of the swelling will subside in 2 weeks time and continue to improve for 2-3 months.
- The scars have a tendency to redden and become more noticeable a few weeks after the surgery. However, the redness will fade with time.
- Numbness of the scalp is common after browlift surgery. Often this begins to return in 6 weeks but may take 12-18 months to improve.

PAIN CONTROL:

- Take your pain medication, as instructed, until your pain lessens.
- Always take your medication with food in your stomach.
- Do not drive or operate equipment while on your pain medication.
- Someone needs to stay with you the first night home after surgery.
- **No hot or warm compresses.** The skin doesn't have normal sensation and you can burn yourself without knowing it.

DRESSING CARE:

- Your dressings may consist of a compression bandage that is loosely applied to the head and face to reduce swelling and bruising.
- The day following your surgery, you may remove all dressings and shower, being careful not to remove the drainage tubes.
- Place clean dressing over incision and put binder on. Binder should be tight, but not so tight as to limit breathing.
- Leave any Steri-strips placed over your incision on or until removed by your physician or instructed by your physician to remove.

OTHER POST-OPERATIVE INSTRUCTIONS:

- After 48 hours, you may begin to shower.
- Normal activity can be gradually resumed after 2 weeks. You may resume exercise after 4 weeks.
- You may blow-dry your hair gently. Avoid hair coloring, permanents, and scalp massage for 4 weeks after surgery.
- Avoid sun exposure to new incision areas. These areas are very sensitive to sunlight and can be easily burned for up to a year following surgery. We recommend sunscreen to all healed incisions.

CONTACT YOUR PHYSICIAN (402.483.2572) IF ANY OF THE FOLLOWING OCCUR:

- A temperature greater than 101 degrees F.
- Redness, swelling around the incision site.
- Severe pain not responding to pain medications.
- Persistent, profuse bleeding or drainage.
- If any other question or problem arise.